

Vol. 75 No.2

Central Connection

Connecting with American Baptist Women's Ministries of the Central Region

If you attended conference this year you experienced wonderful workshops, a great speaker, but my favorite part was the food! If you didn't attend, you missed out and hope you can come next year! But I am willing to share a recipe with you and I think most people would agree this was the best dessert that was served at conference!

Sopapilla Cheesecake Bars

Equipment: 9x13 inch baking dish

Ingredients:

- 2 cans crescent dough sheets
- 3 blocks cream cheese (8 oz each)
- 3/4 cup heavy cream
- 1 cup sour cream
- 4 eggs
- 1/4 cup all purpose flour
- 1 cup sugar
- 1 Tablespoon vanilla extract

Toppings:

- 1/4 cup cinnamon
- 1/2 cup sugar
- 1/4 cup honey



Sopapilla Cheesecake Bars

Instructions:

- 1. To prep: Preheat oven to 325F and coat a 9x13 inch baking dish with non-stick spray.
- 2. With an electric mixer, beat together softened cream cheese and 1 cup sugar until light and fluffy
- 3. Add heavy cream, flour, sour cream, and vanilla extract
- 4. Mix in eggs one at a time, just enough to combine with the batter. Set aside
- 5. Unroll one can of the crescent dough and place in the bottom of the prepared pan, so the bottom is covered.
- 6. Pour cheesecake batter over the first layer of crescent dough
- 7. Use the second can of the crescent dough to cover completely the cheesecake batter.
- 8.In a small bowl, toss together 1/2 cup sugar and 1/4 cup cinnamon. Use half of this mixture to coat the top of the cheesecake
- 9. Bake at 325F for 40 minutes. Remove from oven and allow to cool for half an hour. Refrigerate for at least 2 hours to fully set
- 10.Before serving, drizzle with honey and dust with remaining cinnamon sugar

Prep time 10 minutes, Cook time 40 minutes, Chill time 2 hours, Servings 16 slices, Calories 375 kcal



Mona Huggins

Giving us the latest tea in AB Women's Ministries

I press on toward the goal for the prize of the upward call of God in Christ Jesus. Philippians 3:14 ESU

Looking forward: that concept is hard for me. I have a tendency to look backward way too much. Some of those "look backs" bring me great joy, but many bring me sadness, embarrassment, and bitterness. I have been praying to the Holy Spirit to help me find a way to leave those old hurts in the past and prepare me for a wonderful year of looking forward to being the 2024 - 25 President of American Baptist Women's Ministries of the Central Region! Please keep me in your prayers and ask specifically that I may start looking forward more than backwards.

I am excited to be attending the Annual Gathering in Lyons on September 27 and 28. I always enjoy seeing and hearing about what our Region has been up to and their plans for the future. PLEASE ladies, remember our annual luncheon. This year it is on the twenty-seventh at noon at FBC Lyons. Our guest speaker will be Mercy González-Barnes, International Ministries Global Servant to Iberoamerica and the Caribbean. There is much information on the Region's website; abccr.org. regarding registration and lodging.

Many of you have been asking about our directory. Rita Adams, Corresponding Secretary, has been working on that project for quite some time. I hope she is able to complete it by the Annual Gathering so you may purchase a printed copy at the ABWM table. They will be \$5.00. If you prefer a digital copy, the directory will be uploaded to BaseCamp

and also our ABWMCR.org website soon.
I'm looking forward to seeing many of you at the Fall Rallies. I have the dates and places where they will take place, and I am hoping to be in attendance!

I'm praying for our ABWomen's Ministries and for you! Please keep me in your prayers, also.



Mona Huggins Phone # 913-645-2642 Email: huggins.mona@gmail.com American Baptist Address: 18500 W 168th Ter Olathe. Ks 66062



Celebrate girls in your church!

AB Girls would like to invite churches to celebrate their young girls between the ages 3rd grade through senior in high school. We know that some young girls help out in their church, and we would like to honor them. All you would need to do is send in a short paragraph of what the girls did in the church or in the community and send in pictures. That's all you would need to do!

If would like to celebrate your young girls, please contact Mona Huggins, or if you would like more information about how to celebrate your young girls also contact Mona Huggins.

Mona Huggins Phone # 913-645-2642 Email: huggins.mona@gmail.com Address: 18500 W 168th Ter Olathe, Ks 66062



Ark Valley/Judson Association Report

The Ark Valley/Judson Association board met on August 12,2024 at the Lindsborg FBC. We planned our fall event which will be at the Central Baptist Church in Great Bend. The Event will be September 21,2024. Keli Burfield will be our guest speaker. After our meeting those that could stay, went out to lunch. At the restaurant Pastor Dave Walters and his wife Marsha, were also having lunch. It was good to see them and visit with them.

Linda Wallace





Good Grief

No longer in the boat in the middle of the lake, I now walk the shoreline with my Jesus, reflecting on His goodness and faithfulness. There are many paths from the shore to various endeavors, and I may visit a couple soon, but for now we walk the shoreline where His peace and comfort are beyond my understanding.

My mother died August 5th, and all went well with the funeral, and is going well with the estate. But I think my grieving started in January 2023, with the decision to move my parents from their home to a senior living facility. Then my father died in May of 2023. All the changes and health declines have been gradual. So now I find myself starting another new journey.

A couple of months ago I started a grief journal, <u>Breathing Through Grief</u>, by Dorina Lazo Gilmore–Young. Through breath prayers, reflection questions, personal experience, advice and suggestions, the reader is invited to process the grief experience. Scriptures, and quotes from well–known Christian authors, are poignant. I am not a journaling–gal, but this journal is encouraging and will "gently lead you toward the healing that only comes through connection with Christ."

There is a phrase, an idiom, we all recognize and probably use: <u>Good Grief!</u> It is an expression to indicate some sort of emotion, usually negative, like alarm, surprise or dismay. (i.e., Charlie Brown.) Google the phrase for its origins. For me, as a Christ–follower, this phrase expresses just the opposite Grief <u>is good</u>, drawing me closer to the One who mends broken hearts. Grief can be a roller coaster of emotions and a spiritual wrestling and is unique for each person. Who better to provide comfort than the Creator Himself.



Thank you for letting me share.

Connie Northup, President Missouri River Association

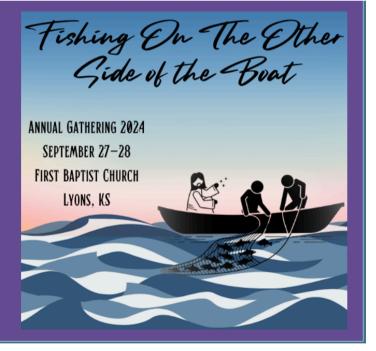
Save the Date!!!

The Annual Gathering 2024 in Lyons, KS will be held on September 27–28. ABW omen's Ministries want you to check out our display table for important information about Scholarship Students, Bible Books of the Month, Project information and much, much more. A free registration to the 2025 Summer Conference will even be given out. Be sure to check it out!!

American Baptist Churches of the Central Region

2024 Annual Gathering

First Baptist Church of Lyons, Kansas September 27-28, 2024



Vacation Bible School at FBC Herington, KS

"SCUBA" was the theme for VBS 2024 at First Baptist Church, Herington, KS. It was a life changing week as the kids were taken deep into an amazing undersea adventure where they experienced the ever flowing, never-ending love of God! Below are some of the highlights of the week!

SCUBA VBS DAY 1- Kids learned that GOD IS A FRIEND WHO IS REAL!

SCUBA VBS DAY 2- Kids learned that GOD IS A FRIEND WHO LOVES!

SCUBA VBS DAY 3- Kids learned that GOD IS A FRIEND WE CAN TRUST!

SCUBA VBS DAY 4- Kids learned that GOD IS A FRIEND FOREVER!

SCUBA VBS DAY 5- Kids learned that GOD IS A FRIEND FOR EVERYONE!





Mission and Service Ministries & White Cross

With the fall coming, the national offering will be the World Mission Offering. It enables Global Servants to have some extra benefits during their work outside the country. Be sure that your church has the information or go to the International Ministries website: internationalministries.org.

It is my pleasure to introduce the woman who is taking over the Mission and Service, Servant Specials/Special Interest Missionaries, and White Cross starting in September is Dianna Cook of Paola. She has been involved for many years in AB Women's Ministries in the church which her husband, Teddy, has served. She is coming to the Region after having served as an Association President and White Cross Associate.

Dianna will be willing to help and guide you as needed through these areas of ABWM's service; prayers to her and you for the future.

For White Cross one-year ends and another year begins! Locals should have received their requests by now and ready to begin purchasing items for Bethel Neighborhood Center, Murrow Indian Children's home, or The Christian Center of Anadarko. Please try to deliver these items as much as soon as possible, and not so many gift cards. Mang Sonna usually is at the Annual Gathering, so items for Kansas City could be given to him. Ben Sullivan plans to be there as well and will be glad to accept your items to take to Anadarko.

It has been a privilege to have served as the one who sent requests for the last four years. Thank you for doing your part in filling the requests. Much success to you in 2025–2026.

Sincerely,

Shirley Fair

Central Region Global Servant Specials/ Special Interest Missionaries

Since our ABWM year begins in September, that will be the start of the year for you to change specials if you are. Every church should have at least one of the Global Servants and Missionary in the US. Remember that all paper correspondence going to the Global Servants goes through the International Ministries. The address is 1003 West 9th Ave Ste A, King of Prussia, PA 19406.

This is your opportunity to form a special relationship with one or more who are stationed overseas or here in the US. Use your computers!!!

Dianna Cook Information:

Address: 3204 Oak Grove Rd, Paola, KS 66071

Email: tedndianna@gmail.com Home #: 913–849–3224 Cell #: 913–259–9626



PERSONAL DEVELOPMENT/ LOVE GIFT& BOOK OF THE MONTH

The Bible book of the Month for September is Revelation. Many people are hesitant to read or study this book. I believe some of the reasons for this hesitancy are that:

- We are afraid we won't be able to understand it:
- Since it is about the end of the world and judgment of God, we find it scary and frightening:
- We know there is disagreement about Revelation, and it is not often taught or preached:
- We think Revelation is mostly or completely about the future with nothing practical for us today.

If you are hesitant to read and study this book, let scripture encourage you! Revelation 1:3 states, "God blesses the one who reads the word of this prophecy to the church, and he blesses all who listen to its message and obey what it says, for the time is near." NLT

Although in past years, I have studied Revelation on my own and also in a group setting, I try to study each Bible book of the Month and did not want to miss another opportunity to read and study the book of Revelation. (I hope you do the same!) I decided to have a guided study and have found John MacArthur's Revelation series on YouTube very helpful. However, you read and study and what resources you use, the important thing is to make Revelation a priority this month. As the Bible says, you will be blessed!

Our Love Gift giving total was \$19,087.20 at the end of July. In addition, \$997.00 was given to Love Gift at Summer Conference. Thank you for your faithfulness to Love Gift! We pray these funds will serve many for God's kingdom work.



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